



BLUE DISTINCTION® TOTAL CARE

Pay less for providers who give you
coordinated, quality care

Saving money is good. Getting coordinated care is great.

You want to get quality care for yourself and your family. But you also want to save money. Now you can do both.

As a Regence member, you pay less when you visit a Blue Distinction Total Care provider. Often referred to as BDTC providers, these doctors, specialists and facilities are part of your Preferred network. But they've also signed a special agreement that ties their payment to how well they manage your care, both for value and a healthy outcome.

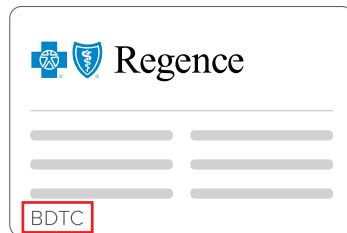
How much will you save?

Depending on your plan, you'll save either 50% on your coinsurance or 50% on your office-visit copay when you use a BDTC provider.* See your benefits booklet for the discount that applies to your plan.

How to tell if you're eligible

Check your member ID card. If your plan offers the BDTC discount, you'll see "BDTC" in the lower left-hand corner.

Look for the BDTC designation on your member ID card.



* Subject to deductible.

There are BDTC providers nationwide

The Blue Cross and Blue Shield Association coordinates the BDTC program. Since there are BDTC providers all over the United States, you'll receive the discount no matter where you see one—whether you're at home or on the road.

How to find a BDTC provider

1. Create an account on [regence.com](https://www.regence.com).
2. Use Find a Doctor to search for a provider, specialist or facility.
3. Filter your results to see only BDTC providers. (Look for the BDTC badge beneath the provider's name.)



BDTC provider groups cover Oregon from end to end.

Choose from Adventist, Bend Memorial Clinic, Corvallis Clinic, Oregon Medical Group, Portland Coordinated Care Association, Salem Clinic, and the Vancouver Clinic—with more being added regularly.

