



Your participation is as easy as 1, 2, 3 ... Reward!

Complete your 2020 Well-being Program by accomplishing the following three activities:

1. Create an account on www.regence.com and visit Regence Empower
2. Complete a health assessment (receive a \$25 Amazon gift card code)
3. Complete a preventive exam with your doctor by July 31st, 2020

NEW

Complete all three activities and you will be entered into a monthly raffle to win a **\$250 Amazon gift card!***



*Eligible employees and spouses who complete a Health Assessment and Preventive exam will earn a monthly raffle entry to win a \$250 Amazon gift card. Each month, you will earn an additional raffle entry for completing your activities before the Dec. 31 2020 deadline. Each month, two \$250 gift cards will be raffled to those who have completed all listed activities. You can only win one \$250 gift card per year.



AGC Health Benefit Trust understands the importance of a healthy workforce and is committed to providing exceptional and affordable benefits. Wellness programs are a common strategy to help combat preventable illness and chronic diseases, while simultaneously lowering risk and bending the cost curve to help keep health care costs down. As part of the 2020 product offering, AGC Health Benefit Trust has partnered with Regence Blue Cross Blue Shield to offer access to a wellness program. By completing a preventative exam, you will be able to better understand your current health risks, as well as receive access to resources to help improve your overall health and wellbeing.