

2021

WELL-BEING PROGRAM

FOR EMPLOYERS



Program adjustment for COVID-19

ARE THERE INCENTIVES AVAILABLE TO MY COMPANY FOR PROMOTING THIS WELL-BEING PROGRAM?

Yes! The trust will offer up to a total of \$8.00 per employee per month (PEPM) Wellness Discount for those employers who complete the following:

If **25%** of your employees have participated in the program by **July 31, 2021** (that is, they have completed their annual **health assessment on Regence Empower**), you will earn a retroactive credit of \$8.00 PEPM off of your 2021 medical premiums for the entire group.

Employers who have met the minimum employee participation in the wellness program during 2021 will receive an upfront discount of \$3.00 PEPM off of their 2022 medical premiums (Applicable employers will be notified by the Trust of their qualification).

WHAT ARE THE PROGRAM REQUIREMENTS FOR ENROLLED EMPLOYEES?

- 1** Create an account on regence.com & visit Regence Empower
- 2** Complete a **Health Assessment** by July 31, 2021

WHO IS ELIGIBLE TO PARTICIPATE?

Employees **and** spouses/partners who are enrolled in the AGC Health Benefit Trust medical plan are eligible to participate.

ARE THERE INCENTIVES FOR PARTICIPATING?

Yes! Employees and spouses who complete their **health assessment on Regence Empower** will receive a \$25 gift card **AND** a monthly raffle entry to win a \$250 gift card*.



*Eligible employees and spouses/partners who complete a Health Assessment will earn a monthly raffle entry to win a \$250 Amazon gift card. Each month, they will earn an additional raffle entry until they have won or until the Dec. 31, 2021 deadline. Each month, two \$250 gift cards will be raffled to those who have completed all program requirements. Employees and spouses/partners can only win one \$250 gift card per year.



Questions? Email service@agchealthplansnw.com or call 503.462.4041