

Program adjustment for COVID-19



# Your participation is as easy as 1, 2, ... Reward!

Complete your 2021 Well-being Program by accomplishing the following two activities by **July 31, 2021**:

1. Create an account on [www.regence.com](http://www.regence.com) and visit Regence Empower
2. Complete a health assessment

**That's it!** Once you complete your health assessment you will receive a \$25 Amazon gift card code **AND** a special bonus. See below for more details.

**NEW**

Complete both activities and you will be entered into a monthly raffle to win a **\$250 Amazon gift card!**\*

amazon.com  
gift card

**\$250**

\*Eligible employees and spouses who complete a Health Assessment will earn a monthly raffle entry to win a \$250 Amazon gift card. Each month, you will earn an additional raffle entry for completing your activities before the Dec. 31 2021 deadline. Each month, two \$250 gift cards will be raffled to those who have completed all listed activities. You can only win one \$250 gift card per year.



AGC Health Benefit Trust understands the importance of a healthy workforce and is committed to providing exceptional and affordable benefits. Wellness programs are a common strategy to help combat preventable illness and chronic diseases, while simultaneously lowering risk and bending the cost curve to help keep health care costs down. As part of the 2021 product offering, AGC Health Benefit Trust has partnered with Regence Blue Cross Blue Shield to offer access to a wellness program. By completing a health assessment, you will be able to better understand your current health risks, as well as receive access to resources to help improve your overall health and wellbeing.